

The
Crimson
White

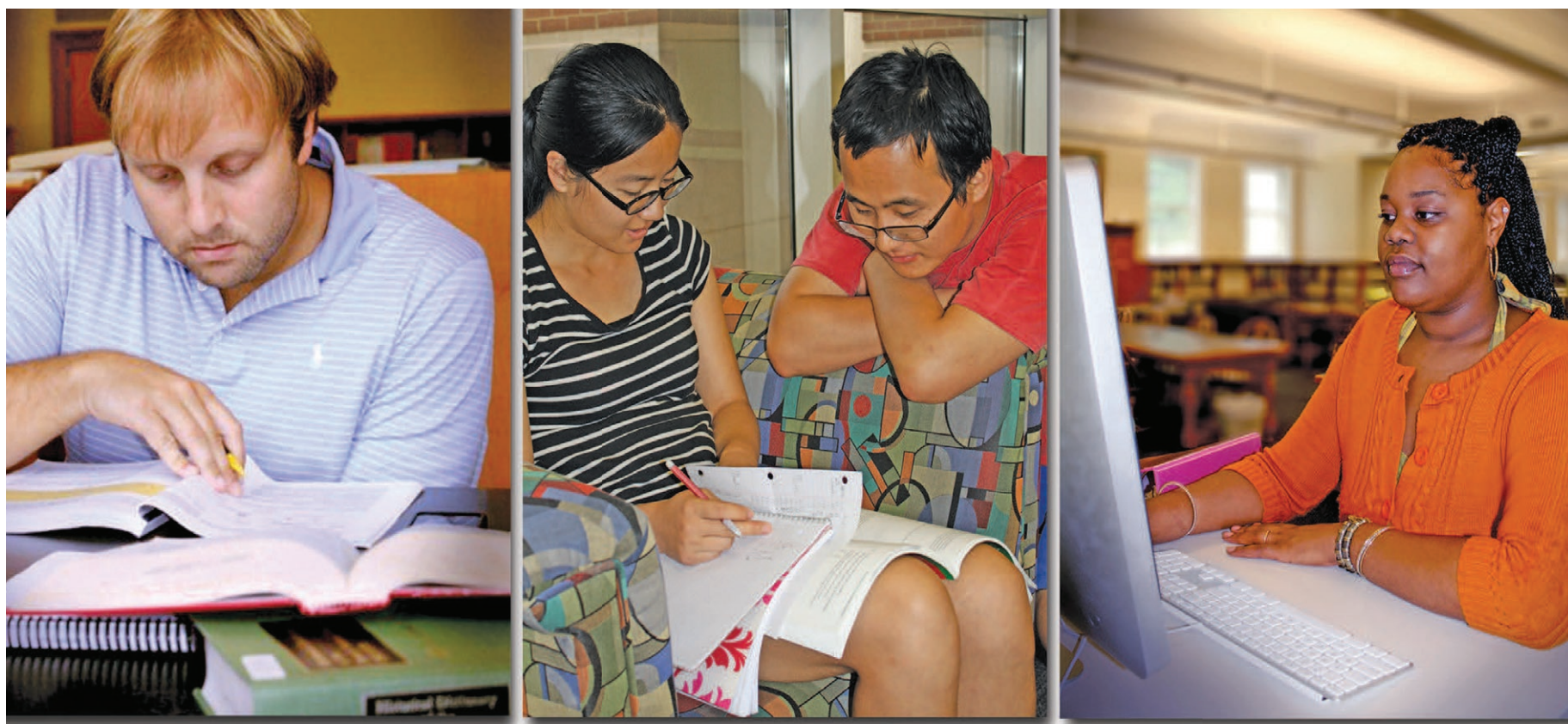
HORIZONS

YOUR FRESHMAN SURVIVAL GUIDE

WELCOME to the Capstone

Make your mark
Prepare for Gameday
Master the classroom

Photo courtesy of UA Student Life



ALL YOU NEED TO KNOW

www.libraries.ua.edu

- Electronic resources available 24/7, whenever and wherever you login
- Research and reference help: in person or via phone, email, text, or Twitter
- Multimedia & Specialized Software
- 500+ computers



Price McGiffert
 Student Government Association President
 The University of Alabama

"As I begin my final year at UA, I am beyond grateful for the resources that the University Libraries have provided throughout my college career. Whenever you hit an academic wall, or need to learn more about a topic you have not quite mastered, the campus libraries always have a needed resource and a comfortable space for you to dig in and get to work. Regardless of whether you are three cups of coffee deep while studying for that cumulative final, collaborating with your classmates on a group presentation, or researching the smallest details for a term paper, the libraries and their knowledgeable staff always find a way to provide the tools you need for academic success. Students from all corners of campus are welcome to not only further their academic pursuits in the University Libraries, but also to meet fellow students from different backgrounds and communities, expanding their understanding of the global world around them. As an academic institution, Alabama's success is directly proportional to how well students are served in campus libraries, and that is exactly why we at The University of Alabama have the privilege of calling ourselves the Capstone of Higher Education."



University Libraries

Table of CONTENTS

- 4-5** Find the perfect library and noise level to satisfy all study habits.
- 6** Moving in is difficult. We make your life easier with some do's and don'ts.
- 8** Fight the "Freshman 15" at UA's three recreation centers.
- 9** Textbooks 101: Everything you need to know to get reading
- 10** Want to get involved but you don't know where to begin? Let us help.
- 11** Learn how to navigate Get On Board Day like a pro.
- 12** Find tips on how to master a day in the life of a freshman.
- 14-15** We're here to help: Best resources for academic success and filling your belly
- 18** Check out some of UA's freshmen-focused clubs. Which one will you join?
- 19** So, it's not a Gameday weekend? There are plenty of other things to do around town.
- 20** What are Dining Dollars? Where can they be used? We've got you covered.
- 23** It's your first Gameday! Are you prepared to roll with the Tide?
- 25** Hear why we picked these players to watch this season.
- 26-27** Who are the new kids on the block? Say hello to some of your fellow athletic classmates.
- 28-30** UA's success goes beyond football. Check out the statuses of all our fall sports.

EDITORIAL STAFF

editor-in-chief Ben Stansell
editor@cw.ua.edu

managing editor Savannah Bullard

chief copy editor Chandler Gory

culture editor Irene Richardson

sports editor James Ogletree

photo editor Emma Junck

social media editor Michaela Hancock

ADVERTISING STAFF

creative services Nataleigh Dang

Letter to freshmen: Taking advantage of your new pond

By Ben Stansell | Editor-in-Chief



Ben Stansell / CW File

When I was a freshman, I lived in a dorm room on the second floor of Ridgecrest South that overlooked the building's main court yard. Since courtyards tend to amplify sound, seemingly any and every noise that was made below my window found its way up through my walls and to my ears. At first, I was worried that the constant noise would disrupt my sleep schedule. But once I realized that you don't really sleep in college anyway, I began to fret about the noise for a different reason.

The constant hustle and bustle of people outside my window made the size of Alabama's campus expand in my mind. Having to continuously hear my fellow students reminded me that there were over 35,000 of them. From there, my mind came to the realization that many of us arrived at when we got to the University: I was no longer a big fish in a small pond, I was a tiny fish in a massive pond.

For a while, that thought intimidated me. Then things changed. I started to see its advantages.

With a bigger pond comes more opportunities, an array of new people to interact with and learn from, an enormously long list of clubs to join, and a variety of causes and initiatives to be a part of.

Across the University of Alabama's nearly 1,200 acres, there is something for everyone. Whether its raising money for the Children's of Alabama health system with UA Dance Marathon or joining a club sports team to relive

your former high school athletic glory, there is something to get plugged into. For your parents' sake, you should also consider the career benefits that come with becoming a member of one of the Universities countless professional organizations.

Your exploration shouldn't stop at the edge of campus, however. The city of Tuscaloosa has plenty of uncharted water for you to venture into as well. Take advantage of the concerts at the Amphitheater, the delicious restaurants scattered around town, and the spectacular sunsets that only the Riverwalk can provide.

By partaking in some of what the University and Tuscaloosa have to offer, you will not only maximize your collegiate experience, you will enjoy it infinitely more. And all along the way, you'll make a once ginormous campus feel like home.

Make your mark at the CW

By Savannah Bullard | Managing Editor



Savannah Bullard / CW File

When I was in high school, I was a part of one of the top programs my school had to offer. We went to competitions, brought home titles and awards, and made our mark on the sports fields. However, we were not athletes, mathletes or thespians. We were on the newspaper staff.

Journalism was just a filler class for me when I registered for it sophomore year. I had no interest in pursuing reporting or designing; I thought it would be an "easy A" and I liked to write sometimes. It seemed like a good fit. However, through learning about this craft that I now hold so dear to my heart, I learned journalism was more than making a paper. It was about making a mark.

Five years later, I am still spending all my time in a newsroom, making my mark on a student body that is almost 20 times the size of my high school's. I love the job I do every week because when I see students picking up a copy of The Crimson White, reading what my friends wrote and reacting to what we had to say, it warms my heart. I get to have a job where I influence the community I live in, and having that responsibility is so important to me.

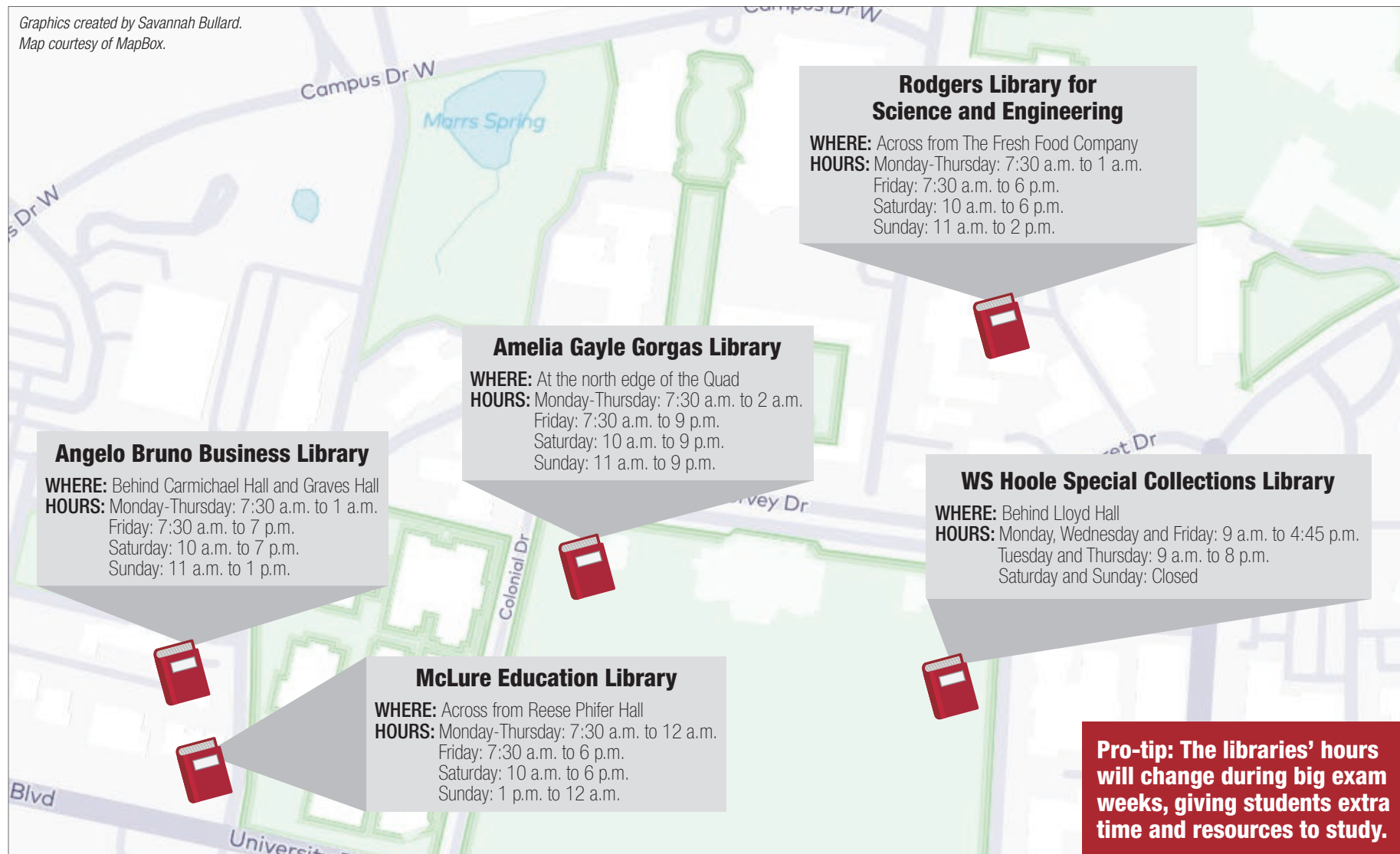
The University of Alabama has so much to offer to its students. Sitting

in class, there are the same athletes, mathletes and thespians that I sat next to in high school. But then there are the reporters, always digging around for the next big story. There are the designers who find inspiration in the geometry of our beautiful buildings. There are copy editors who offer to help edit English papers and take pride in their pristine grammar. And, there are photographers whose faces you hardly see because they are always behind cameras.

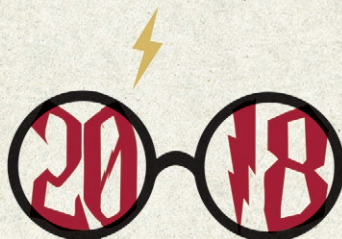
We journalists are influencers in the most subtle of ways: We create the media you consume and help you navigate the most joyful, stressful, dramatic, best four years of your life. So, when you peruse the tables at Get On Board Day and happen upon ours, stop and say hello. We would love for you to make your mark with us.

Library finder: Discover your next study spot

Graphics created by Savannah Bullard.
 Map courtesy of MapBox.



Get On Board Day



Explore the **Chamber of Choices** and get involved with a variety of student organizations and departments at the Capstone.

**Thursday,
 August 30
 5-9 p.m.
 Ferg Plaza**

THE UNIVERSITY OF
ALABAMA

Division of
 Student Life
 Student Involvement

Visit thesource.ua.edu to learn more!

LEVEL UP

Gorgas Library offers a floor to satisfy every study habit. Where will be your prime study spot?

By Savannah Bullard | Managing Editor

Fourth Floor: SILENT

Do you need absolute silence when you study? Does someone's pen tapping on a table drive you nuts? This floor, where talking is prohibited, is for those who need total quiet.

Third Floor: QUIET

This floor is for students who love a quiet study environment, but need to study next to a buddy. Conversations on this floor are soft and scarce – perfect for quiet companionship.

Second Floor: LOUD + GROUP STUDY

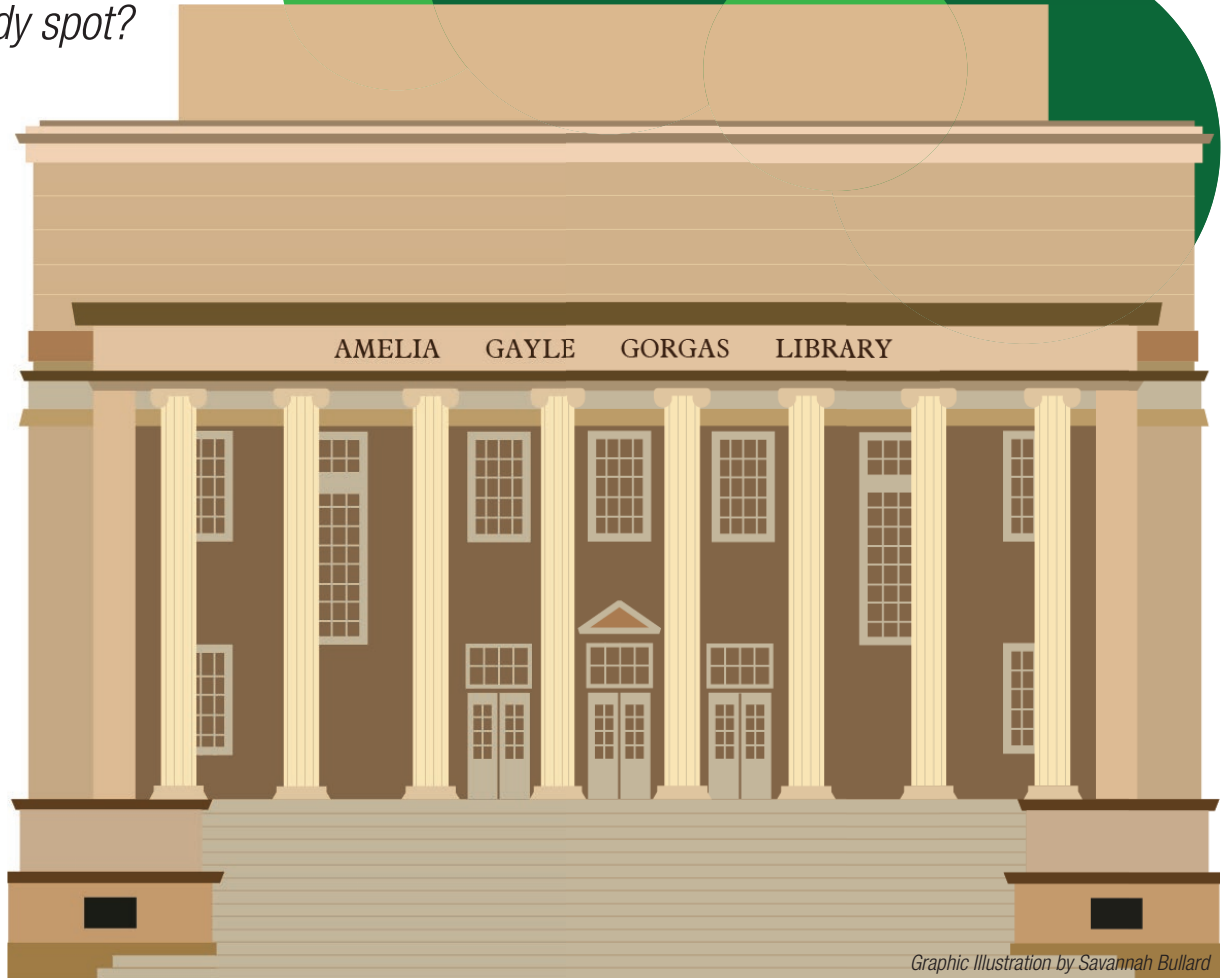
So it's the first week of school and you already have a group project. Never fear, the second floor of Gorgas has group study rooms and booths for the perfect collaboration space.

First Floor: LOUD + COMPUTER LAB

Complete with desktop computers, long tables and Java City, the first floor is always bustling with activity. If you like hosting lively study sessions with your friends, this floor is for you.

Basement: QUIET AND COOL

If you want a silent study space but can't keep your eyes off your phone, head to the basement. It has individual study cubbies and cell service is scarce. Don't forget a jacket!



Graphic Illustration by Savannah Bullard

Why sit in a waiting room when you're not feeling well?

With our new online check-in, you don't have to. We text your estimated wait time.

When you reach the front of the line, you receive a text to let you know you're next.

Text Message
Tue, May 15, 10:10 AM

Thanks! You have joined MedCenter Urgent Care's waiting queue. Your est. wait is now 30 min. We'll let you know when you reach the front. Commands you can send:

You have reached the front of the line! Please see the front desk & tell them your phone number. Thanks for waiting!-



MC MedCenter
Urgent Care • Family Medicine

SOUTH

5005 Oscar Baxter Dr.
Tuscaloosa
205.343.2225

Now you can wait
where you want.

NORTH

3909 McFarland Blvd.
Northport
205.333.1993

WE ACCEPT
**BAMA
CASH**



Stay calm and prioritize: here are our move-in tips

By Savannah Bullard | Managing Editor

Moving in can be a stressful time for freshmen. Everyone seems like they are in a hurry, boxes crowd the hallways and parking spots can be scarce.

However, we are here to help with some tips and tricks to make the day feel seamless and stress-free. The most important thing to remember is this: don't worry. Now, take a deep breath and read on:

- DO** Invest in large, reusable plastic bins. Time flies at UA and when it's time to move out, cardboard boxes are rare items to easily obtain.
- DON'T** Don't bring every trinket and knick knack that you keep in your bedroom. A few are OK to help remind you of home, but too many quickly becomes clutter.

- DO** Communicate with your roommate on what to bring so you can condense your item count. Also, it's good to get to know each other before the big day!
- DON'T** Rent a U-Haul or trailer to transport everything. If you find that you need a U-Haul, that means you have too much stuff.
- DO** Invest in a mini fridge (if you can). Sometimes you need to keep that cookie dough off-limits.
- DON'T** Wait to pack until the last minute. Give yourself enough time to organize and properly pack everything.

- DO** Wait to buy the extras. You don't need to worry yourself over packing cleaning supplies and shampoo when you can buy it when you arrive in Tuscaloosa.
- DON'T** Buy school supplies until you go to every class and know what you need. You won't need a binder for every class or five gluesticks. Save time and money and wait to see what is necessary.
- DO** Label everything you bring. If you have more than one roommate, then moving out at the end of the year will be easier because you'll know exactly what you brought.
- DON'T** Stress out! Moving in will be hectic and your plan A may not be the plan that actually happens, but you will be just fine.



Graphics by Savannah Bullard

#WelcomeBackWednesday

Live Music • Free Food • Free Cold Drinks

August 22nd • 6 p.m.

Come learn more about the UKirk ministry and the mission of UPerk, a nonprofit cafe downtown!

VISIT US DOWNTOWN:
Right across from Loosa Brews
and down the block from
Innisfree.
405 20th Ave.
Tuscaloosa

CAFÉ • SPECIALTY COFFEE • TEA



Tuscaloosa's Apartment Headquarters *Since 1955*



BENT TREE



ASPEN VILLAGE



FOUNTAIN SQUARE



RIVERMONT



STONE CREEK



NORTHBROOK



CANTERBURY



FOREST TRAIL



MOUNTAIN VIEW



2700 CAPITOL PARK

you're at *Home* with
SEALY
MANAGEMENT CO., INC.

205.391.6000 www.sealyrealty.com



FIGHT THE

By Savannah Bullard | Managing Editor

Graphic by Savannah Bullard

FRESHMAN¹⁵

The University of Alabama houses three recreational facilities that students can use to work out, learn and have fun

WITT CENTER

The Robert E. Witt Student Activity Center sits on the north side of campus overlooking the Black Warrior River. As UA's newest recreational facility, it boasts a modern design with floor-to-ceiling windows, a convenience store and smoothie shop. The 85,000-square-foot building includes:

- Climbing wall with lead and belay climbing and bouldering
- Three studios for Group Exercise class and personal training
- Cardio area with 80 machines and equipment
- Weight room with 80 pieces of strength training equipment
- Two volleyball and basketball courts
- One multi-use court for floor hockey and indoor soccer

AQUATIC CENTER

The Aquatic Center is located near Coleman Coliseum on the south side of campus. It houses The University of Alabama Swimming and Diving team, which practices in an Olympic-size pool with diving platforms. Students can take advantage of the Aquatic Center's other amenities, such as:

- 8-lane, 25-yard pool in the Natatorium (available in the morning and evening during non-practice hours)
- 3,000-square-foot weight room, complete with free weights, machines and other equipment
- Multi-purpose room for Group Exercise classes offered by University Recreation (visit urec.ua.edu for a complete schedule of group exercises)
- Aquatics classes such as swim lessons and lifeguard, CPR/AED, first aid and water safety instructor trainings

RECREATION CENTER

The Student Recreation Center is the main location for all things exercise. It is located on the east side of campus near the Rhoads Softball Stadium. The SRC also houses Intramural Sports, Outdoor Recreation, Sports Clubs and Drayer Physical Therapy. Here are some of the SRC's services:

- Cardio Area with exercise machines and equipment for many different exercises
- Weight room
- Studios for Group Exercise, personal training and combative arts
- Outdoor fields for Sports Clubs and outdoor Intramural Sports
- Outdoor and indoor pool complexes
- Tennis, basketball and racquetball courts
- Bouldering-focused climbing wall

LET US BE YOUR HOMETOWN PHYSICIAN AWAY FROM HOME

Local Board Certified internists to provide for your healthcare needs!

We provide treatment to students with existing and new medical conditions.

☒ Diabetes

☒ Infections

☒ Women's Issues

☒ Ongoing ADD treatments

Board Certified for the Treatment of Substance Use Disorder
 Telemedicine visits available. See website for details.



**INTERNAL
MEDICINE
ASSOCIATES
OF TUSCALOOSA, P.C.**

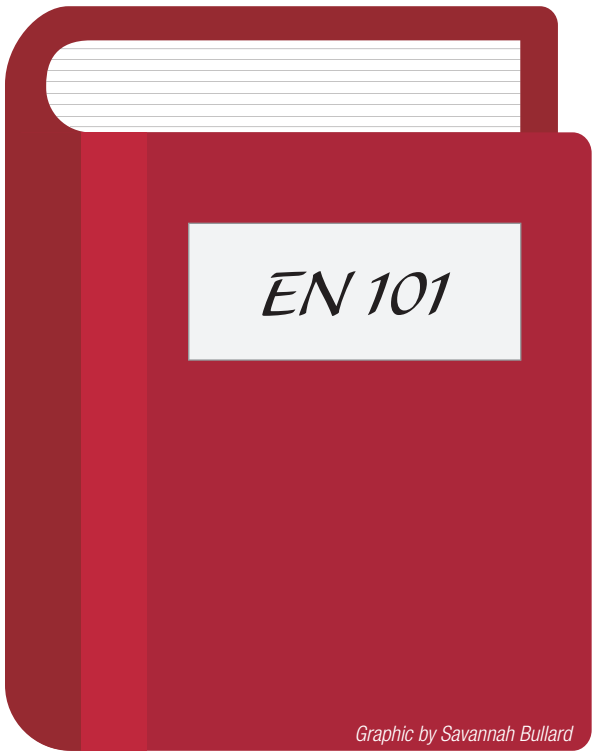
Gene Alldredge, M.D. F.A.C.P.

Richard Shamblin, M.D.

Jim P. Ellison, M.D.

100 RICE MINE ROAD, N, SUITE B TUSCALOOSA, ALABAMA 35406
 (205) 349-4200 www.InternalMedicineTusc.com

READ ALL



ABOUT IT

Follow these tips and tackle buying textbooks like a pro

By Savannah Bullard | Managing Editor

Buying textbooks is one of the most important parts of the beginning of a new year. This process can be stressful, confusing and of course, expensive, but handling everything in an effective way can help any student come out of the experience stress-free.

1. For the early starters or curiously prepared, the Supe Store's website has a feature where students can look up their courses and see what materials will be required for the class. The store offers online ordering as well, allowing students to order their books in advance and have them delivered to their homes over the summer.
2. The Supe Store offers an option to rent textbooks instead of buying them. Renting books is often cheaper and reduces clutter at the end of the year. Just make sure to remember the return date; returning books late can cost you.
3. There are often used textbooks available to buy at a discounted price at the Supe Store. As long as you do not mind a few notes sprinkled throughout the passages, it is easy to get a used book that is in almost-new condition. Not to mention, it saves money.
4. The Supe Store offers a buyback program at the end of the year where students can return their non-rented textbooks for cash. You likely will not get the full value that you paid, but this program definitely comes in handy when May rolls around and your Dining Dollars balance is almost gone.
5. Before you wait in line at the Supe Store, there are online third-party sellers like Amazon or Chegg that may have the books you need available for sale. The store can sometimes run out of stock, so third-party sellers can be a quicker (and sometimes cheaper) alternative.
6. In order to avoid stress and save time, do not go buy textbooks the minute you walk out of your first class on August 22. The Supe Store becomes crowded very quickly and the stacks of textbooks cannot accommodate every student. Wait until the next week of school to go buy so the lines are shorter and you have a better opportunity to take your time.
7. Always look up a textbook by its course or ISBN. Textbooks come in many different editions — sometimes with the same title and cover — professors may require a specific edition. Save the time returning books and take your time to do it right the first time.
8. Use your textbooks! Attending The University of Alabama is quite an investment, including buying textbooks. So, do your grades a favor and be sure to complete the readings required by your classes. Your GPA will thank you.

There are two locations of the Supe Store, including the main one on the first floor of the Ferguson Student Center, and the Corner store — located near Tutwiler Hall on Bryant Drive. Visit www.universitysupplystore.com to see hours of operation, look up course materials and buy University of Alabama gear.

TUSCALOOSA'S COMMUNITY COLLEGE

Close to the University of Alabama, Shelton State is Tuscaloosa's community college and the ideal way to enhance your college experience.



SHELTON STATE
COMMUNITY COLLEGE

Enroll Today | sheltonstate.edu |



It is the policy of the Alabama Community College System Board of Trustees and Shelton State Community College, a postsecondary institution under its control, that no person shall, on the grounds of race, color, national origin, religion, marital status, disability, gender, age, or any other protected classes defined by federal and state law, be excluded from participation, denied benefits, or subjected to discrimination under any program, activity, or employment. Important information about the educational debt, earnings, and completion rates of students attending programs can be found at sheltonstate.edu/gainful-employment.

Find out how you can get experience with UA Student Media

GET *READY* FOR GET ON BOARD DAY

By Ben Stansell | Editor-in-Chief

Get On Board Day is an event held each fall and spring that provides students with the opportunity to get more deeply involved on campus. During Get On Board Day, members of student clubs and organizations set up tables in and around the Ferguson Student Center that offer information about their respective organization.

While Get On Board Day is one of the most effective opportunities for students to find their place on campus, it can also be overwhelming due to its size and popularity. However, we are here to help.

Here are some tips on how to make the most of your Get On Board Day experience:

Scout out the layout beforehand

The organization that hosts Get On Board Day – The Source – provides students with a map of where each table will be located on its website (thesource.ua.edu). Knowing the lay of the land prior to attending the event will make navigating Get On Board Day that much easier, cutting down on stress and time. Also, knowing which organizations will be in attendance allows students to research them beforehand and formulate a game plan.

Take advantage of the freebies

In order to lure more students to their tables, student organizations will hand out an assortment of giveaways, such as candy, keychains, cups, pens, cozies or even T-shirts. Some tables will include games and wheels to spin and earn prizes. Get On Board Day is a prime opportunity to stock up on various items that you might, or might not, need.

Don't be shy

The only way to figure out which club or organization you might be interested in at Get On Board Day is



Graphic by Savannah Bullard

by interacting with the people who are tabling the event. These people will not bite; they are experts on their organization and they are there to outline everything they offer, and, of course, to recruit you. So, do not be afraid to say hello and ask about their cause. You may find a group of people who become your lifelong friends.

Take water when you go

With Get On Board Day taking place outside in late August in Alabama, there is a high probability that it will be a scorching hot day. Add in thousands of people and it can be nearly unbearable. Dressing appropriately and taking a bottle of cold water with you will make the entire experience better and will increase the amount of time you are willing to spend at Get On Board Day.

Don't try to visit every single table

The number of clubs that are represented at Get On Board Day will be staggering. After all, The University of Alabama is home to more than 400 organizations. Instead of going around to each and every table, make your time count and seek out tables that fit your interests. With that being said, take some time to visit a club that you might not normally want to join. This is a great time to gather information on a club without committing fully, so divide your time effectively and you'll be sure to find the perfect home here at UA.

Get Tide In

With Tide 4 Christ Student Ministry

Sunday 8.19

Ping Pong / Corn Hole

Monday 8.20

Stadium Tour / Meal & Devo / Scavenger Hunt

Tuesday 8.21

Dinner at the Thorne's

Wednesday 8.22

Devo / Games / Fellowship

Thursday 8.23

Putt Putt Tournament

Friday - Sunday 8.24-8.26

Get Tide In Retreat @ Maywood Christian Camp

Central Church of Christ
304 Hargrove Road
Tuscaloosa, AL
(205)758-1177

Learn more at
tide4christ.ua.edu

DAY in the LIFE of a freshman

Follow these tips and tricks to tackle the day like a pro

By Savannah Bullard | Managing Editor



7 a.m. The University of Alabama campus offers accessible

sidewalks and beautiful scenery to go for a morning run before class. Start the day with exercise and your body will thank you later.



11 a.m. Lunch is a vital part of any freshman's day. Take advantage of that unlimited meal plan and grab a bite to eat. You'll need the energy to finish strong.



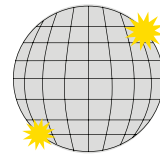
3 p.m. Stop at Java City, Starbucks or Dunkin' Donuts for

a quick pick-me-up between classes. Bonus: These locations accept Dining Dollars, too.



7 p.m. There are plenty of places around town to get dinner and

socialize with friends. Download apps like Hooked and Groupon to get deals on dining.



10 p.m. Nightlife in Tuscaloosa thrives most of the week.

Attend a concert at Druid City Music Hall, host a game night in your dorm, or see a play at the Bama Theatre downtown.



12 a.m. Make sure to get a good night's rest to start all over

tomorrow. Balancing work, school and social life correctly will guarantee a great year.

Graphics by Savannah Bullard

LEGENDARY BANKING OPTIONS WITH BRYANT BANK



At Bryant Bank, you'll find your hometown bank that proudly offers big bank benefits. Bryant Bankers are committed to providing unbeatable personal service and innovative banking solutions that lead you to legendary results.

LEARN ABOUT BRYANT BANK'S SCHOLAR TEAM CHECKING TODAY!

Available to customers ages 16 to 24

Take advantage of benefits such as:

- FREE Online & Mobile Banking, Mobile Check Deposit, & P2P Payments
- FREE Coach Paul "Bear" Bryant VISA® Debit Card
- FREE Text Alerts for Fraud Protection
- NO Monthly Service Fees
- NO ATM Fees and ATM Fee Rebates From Other Banks
- CONVENIENT Location Near Campus - Fall 2018 (Plus three more!)

We'll arrive
EARLY
in your inbox



BAMALIFE

A new kind of newsletter
delivered to your inbox each
Monday, Wednesday and Friday

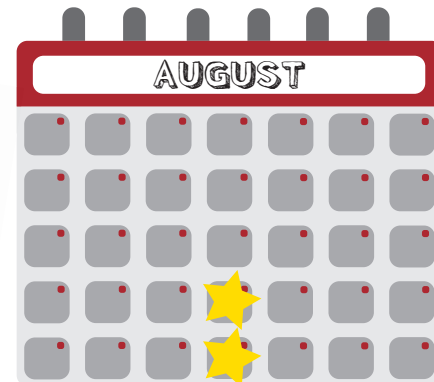
Featuring information that is
quick, amusing and engaging

Created by students for students

**USE IT TO
JUMP START YOUR DAY**

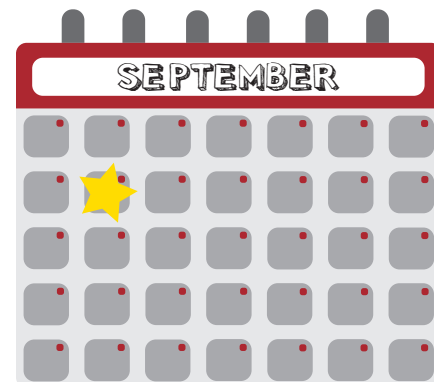
Pencil it in...

Keep track of days off and important deadlines
with our fall academic calendar. See the official
academic calendar at registrar.ua.edu.

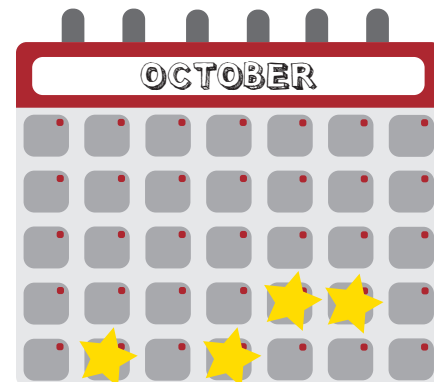


AUG. 22 Classes begin

AUG. 29 Last day to add
or drop a class
without a "W"
grade



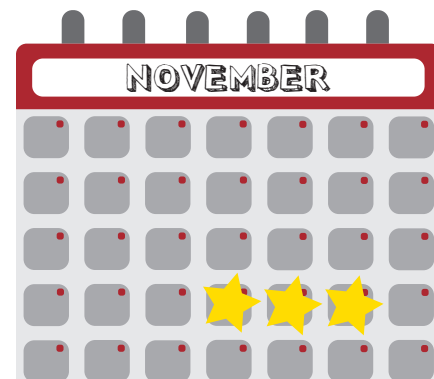
SEPT. 3 Labor Day -
no class



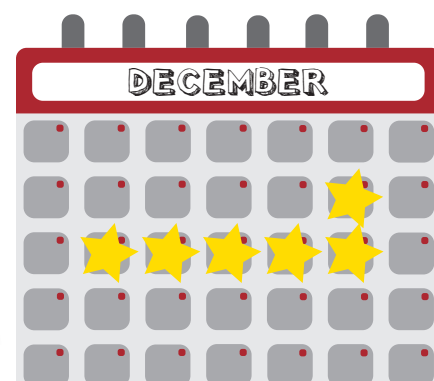
OCT. 25-26 Fall break -
no class

OCT. 29 Spring
registration
begins

OCT. 31 Last day to add
or drop a class
with a "W" grade



NOV. 21-23 Thanksgiving
break - no class



DEC. 7 Classes end

DEC. 10-14 Finals week

Graphic by Savannah Bullard
Map courtesy of Mapbox

Designed to help UA students succeed in the classroom, the Center for Academic Success provides math and science tutoring, learning workshops and one-on-one academic coaching from staff members.

PRESIDENTIAL TERRACE

Fruited

STEWART'S CORNER



VIP
MEMBERSHIPS

Use a **VIP Membership swipe** and receive a **16oz smoothie** of your choice.

16oz smoothies are also available for purchase using Dining Dollars, Bama Cash or an alternate method of payment.

NOW SERVING
AÇAÍ BOWLS



Bama Dining


PROUDLY SERVING
SAMBAZON
ORGANIC AÇAÍ

Four food service apps save students time, money

By Jared Ferguson | Staff Reporter

Hooked

Hooked is an app that offers deals on local eats. All students have to do is download the app, search deals at nearby restaurants, claim the deal, then show their phone to the cashier or server at that restaurant. Boom - money saved. Hooked changes deals frequently, so checking it often is important. Also, Hooked places time limits on its deals, so students must be sure to claim the offer before the clock runs out. This is an easy way to try new restaurants around town and save money at the same time.

Crimson2Go

Crimson 2 Go is an app and website that focuses on allowing the user to order delivery from local restaurants. The service eliminates the need for unnecessary trips to restaurants such as Ajian, Chuy's and Frutta Bowls, as Crimson 2 Go drivers will deliver right to a dorm. An extensive list of restaurants Crimson 2 Go can access is found by searching www.crimson2go.com. Disclaimer: Users should take note that there is a delivery fee proportional to the number of miles from the restaurant to the delivery location.

Ugo

Ugo Convenience Delivery, a local service created in Tuscaloosa, is a delivery app that makes various services available for students. The app not only covers food orders, but it also allows users to arrange deliveries for electronic accessories, home supplies and other necessities. In effect, the application serves as a portable convenience store (minus the gas). Also, as a late-night service, Ugo provides the opportunity for students to access supplies and snacks without having to go to Walmart or the gas station.

Tapingo

Tapingo allows users to skip lines altogether by submitting their orders in advance. The app becomes useful if a student is on a tight schedule and requires food at a quicker pace. For example, a student can order Starbucks while in class, then run by the Ferguson Center and instantly pick it up on the way to their next class. Tapingo also provides the option to have food delivered directly to users. With Tapingo, students don't have to worry about being at the mercy of lines or location, helping them stay on top of busy schedules.

Graphic courtesy of Ugo



Convenience Delivery

Graphic courtesy of Crimson2Go



Graphic courtesy of Hooked



The UPS Store



Come to us for all your packing and shipping needs!
We are conveniently located on the UA strip!



Our mailbox rental service includes acceptance from all carriers!

- Shipping
- Packaging
- Printing
- Binding
- Laminating
- Notary Public
- Computer Rental
- Passport Photos



1130 University Blvd.
Suite B9
Tuscaloosa, AL 35401
205-248-0290

Ask about our Pack & Ship Guarantee!



WOW
WEEK OF WELCOME 2018


8.18 Movie on the Quad	8.24 ONYX
8.19 Silent Disco	8.25 RHA Field Day
8.20 Ripple Effect	8.26 Amazing Race
8.20 Concert at Coleman	8.27 Bama Year One
8.21 Yea, Alabama!	8.28 UpSurge Trampoline Park
8.22 Welcome Back Breakfast	8.30 Get On Board Day
8.23 Music Glow Run	8.30 Turnin' up with UP Party

**ONE WORD THREE WEEKS
COUNTLESS MEMORIES**

up.sl.ua.edu

 @UAWHATSUP

 UNIVERSITY PROGRAMS




Welcome Class of 2022!
Join us for your BIG welcome to campus and don't miss your chance to be a part of a favorite UA tradition!

YEA, ALABAMA!


Monday, Aug. 20
2-5 p.m. Kick-Off and Registration (Ferguson Student Center)

Tuesday, Aug. 21
10 a.m.-12 p.m. Crimson Small Groups*
12-2 p.m. Yea, Alabama! Welcome Party (Quad)
2-4 p.m. College Open Houses
4-5:30 p.m. T-Town Life Festival (Quad)
6-8 p.m. Convocation and Script A

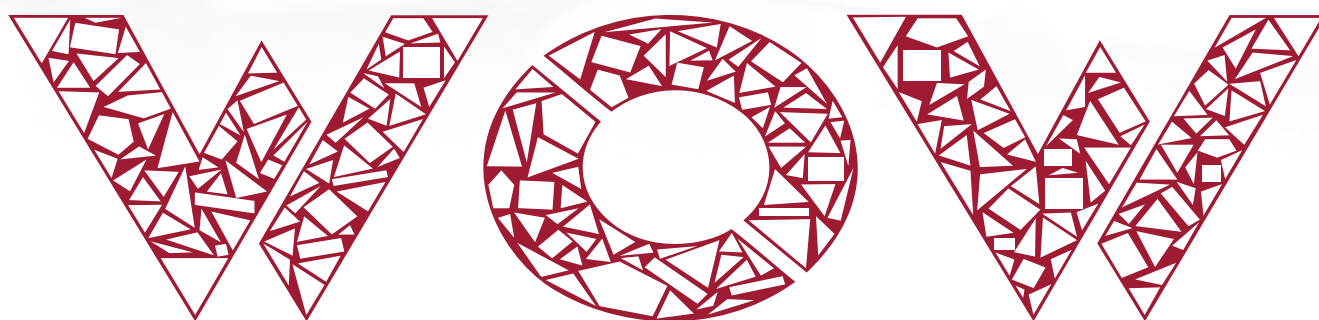
*Locations given during Kick-Off & Registration event



Register at gobama.ua.edu/ya

 Division of Student Life

WHERE
LEGENDS
ARE MADE



WEEK OF WELCOME 2018

8.18 Movie on the Quad
8.19 Silent Disco
8.20 Ripple Effect
8.20 Concert at Coleman
8.21 Yea, Alabama!
8.22 Welcome Back Breakfast
8.23 Music Glow Run

8.24 ONYX
8.25 RHA Field Day
8.26 Amazing Race
8.27 Bama Year One
8.28 UpSurge Trampoline Park
8.30 Get On Board Day
8.30 Turnin' up with UP Party

ONE WORD THREE WEEKS
COUNTLESS MEMORIES



up.sl.ua.edu





Welcome Class of 2022!

Join us for your BIG welcome to campus
and don't miss your chance to be a
part of a favorite UA tradition!



Monday, Aug. 20

2-5 p.m.

Kick-Off and Registration
(Ferguson Student Center)

Tuesday, Aug. 21

10 a.m.-12 p.m.

Crimson Small Groups*

12-2 p.m.

Yea, Alabama! Welcome Party (Quad)

2-4 p.m.

College Open Houses

4-5:30 p.m.

T-Town Life Festival (Quad)

6-8 p.m.

Convocation and Script A

*Locations given during Kick-Off & Registration event



Register at gobama.ua.edu/ya



Division of
Student Life

Five clubs help start freshman year off right

By Jared Ferguson | Staff Reporter

It is no secret that the transition from high school to college can be an intimidating one, but the University of Alabama’s student organizations help lessen this burden. While college can be intimidating at first, clubs such as these assist in making

the transition to college much more comfortable. Any students who require more information on the organizations in question can find the contact information of the club leaders on The SOURCE website.



First Year Experience

FYE is dedicated to helping students with the academic and social transition to college. The program itself seeks to educate students about forms of support services found on campus. Incoming freshmen are advised to consider this organization so they do not have to worry as much about adjusting to the University of Alabama’s campus culture.

Crimson Culture

Crimson Culture is an organization whose primary goal is to not only help students learn how to prioritize education and pursue success in life, but also to create lifelong friendships. It promotes connecting with people around campus who make student life as seamless and comfortable as possible throughout the college experience.

Future Alumni for Traditional Excellence

Future Alumni for Traditional Excellence (FATE) is a social interaction organization. The club is open for all students at the University of Alabama and its purpose is to help students form friendships and social connections. The fee to join is \$15 per year and any individuals who wish to join are encouraged to email the organization at tchayes@alumni.ua.edu.

Bama Tutors for Service

Bama Tutors for Service is an important resource for incoming students who might feel overwhelmed at the different academic expectations of college compared to high school. The organization offers free tutoring to all University of Alabama students as a friendly way to help each other succeed in the classroom.

Best Buddies UA

Best Buddies works toward the goal of increasing its members’ opportunities to form individual friendships and create opportunities for potential employment and leadership roles. The organization specializes in helping people with disabilities reach out and find friendship in diverse social circles through collaborating with their peers.



Office of Information Technology

BE AHEAD OF THE GAME

Download software before your first class.

- Free for UA Students
- Microsoft Office 365
- Box Cloud Storage
- McAfee Antivirus
- +25 other packages

oit.ua.edu

Explore ways to spend the weekend in Tuscaloosa

By Irene Richardson | Culture Editor

Every weekend brings something new and exciting into Tuscaloosa. The city attracts music, art and a myriad of different events unique to this town alone. Not to mention, the city is also filled with beautiful outdoor locations and several hidden gems. Here are a few ideas for how to spend a weekend in Tuscaloosa.



Photo by Scarlet VanMeter

Farmers' Market

Every Saturday from 7 a.m. to 12 p.m. the Tuscaloosa River Market hosts a farmers' market with booths featuring fresh vegetables, homemade soaps, plants and bakers' treats. It's a great chance to see what type of produce grows in Alabama and to support local businesses. The market is located on the Tuscaloosa Riverwalk, bordering the Black Warrior River.



CW File

First Friday

Downtown Tuscaloosa is home to several art galleries, many of which participate in the monthly art walk. On the first Friday of every month, local galleries extend their hours to allow patrons to view the latest featured exhibits. Live music and complimentary snacks are often provided, making for a lively atmosphere. The galleries are typically within walking distance from each other and are updated each month.



CW File

Concerts at Druid City Music Hall

Conveniently located on The Strip, Druid City Music Hall is filled with different performers almost every weekend during the school year. The venue displays a variety of music with upcoming concerts including Cherub, Colony House and Anderson East. A full schedule, as well as information for how to purchase tickets, can be found on the Druid City Music Hall website.



Photo by Sam MacDonald

Performances at the Bama Theatre

Located in downtown Tuscaloosa, this historic theatre hosts a multitude of events, but it is most well-known for its shows. The theater features performances year-round such as "The Little Mermaid" and the upcoming musical "Grease." The theatre also holds Acoustic Night once a month where you can listen to different artists and bands play their music.



Photo courtesy of @dreams2reality205

Lake Nicol Hiking Trails

Just 20 minutes from campus is a favorite outdoor spot for many Tuscaloosa natives. Cliffs and scenic trails surround the area, which wind around the entire lake. It's the perfect spot to kayak, hang a hammock or just enjoy the beautiful views. Search Lake Nicol on Facebook to access directions and see photos of the area.



COLLEGE LIFE
REQUIRES A
WHOLE LOT
OF STUFF. WE HAVE A LOT
OF STUFF.

For all the things you wish you had and all the things you forgot, we're Tuscaloosa's go-to place for shopping.

Shop Belk Women, Belk Men, Kids and Home, JCPenney, Café Court and the best selection of specialty stores, all under one roof!

1701 McFarland Blvd East
Open Daily 10am-9pm; Sunday 1pm-5:30pm



WELCOME TO **THE UNIVERSITY OF ALABAMA**
FROM **THE UNIVERSITY OF SHOPPING**

online on facebook • university-mall.com

Spend Dining Dollars at trendy eateries, food trucks

By Irene Richardson | Culture Editor

Every semester at The University of Alabama, each full-time student is given \$350 in Dining Dollars. Dining Dollars are a form of currency deposited on your ACT Card that can be spent at various location on and around campus. Here is a list of restaurants that accept Dining Dollars:

In addition to this list, campus vending machines also accept Dining Dollars. Stop by any of these places and swipe your ACT Card to take a break from the dining halls and take advantage of your Dining Dollars. But, beware: they will run out before you know it, so keep up with your balance.

Ferguson Student Center

- Starbucks
- Chick-Fil-A
- Wendy's
- Panda Express
- Auntie Anne's
- Subway
- Union Market
- Topio's
- Greens to Go

Paty Hall

- Raising Cane's

Student Recreation Center

- Smoothie King

Lakeside Dining Hall

- Dunkin' Donuts
- Lakeside Market

Gorgas Library

- Java City
- Fresh 2 Go

Witt Student Activity Center

- Fresh 2 Go
- Fuel Smoothies

Lloyd Hall

- Pizza Hut Express
- Chick-fil-A
- Board Head Deli Market

Graphics by Savannah Bullard
88 Map courtesy of Mapbox

Off-campus locations:

Buffalo Phil's on The Strip

Domino's Pizza
(Dining Dollars can be used at the 15th Street and Alberta locations)

POSTER SALE

Ferguson Center 2nd Floor
August 27 - 31 | 9 A.M. - 5 P.M.

THE UNIVERSITY OF ALABAMA®

**WHERE
THE SEASON
NEVER ENDS**



**PAUL W. BRYANT
MUSEUM**

 /BRYANT.MUSEUM

 @BRYANTMUSEUM

1-866-772-BEAR (2327) OR 205-348-4668

OPEN DAILY 9 A.M. - 4 P.M.

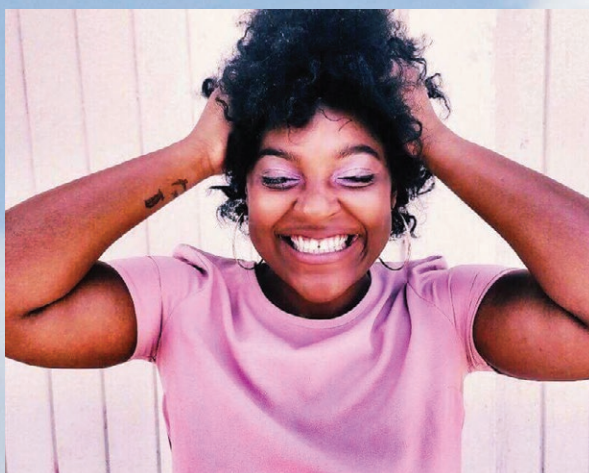
BRYANTMUSEUM.COM

THE UNIVERSITY OF ALABAMA STUDENT MEDIA

START **HERE.**

And star in your own play in NYC.

Former Marr's Field Journal Editor E.E. Wade is a writer/actor currently starring in her composition, *The Rhythm/Da Blues*, at the Gnome Haus Theatre in NYC.



Or reach millions of online viewers.

Former Crimson White award-winning writer and section editor Matt Ford is a production coordinator at BuzzFeed in New York City.



Get more info: **starthere.ua.edu**

ALABAMA

Student Life
Student Media

CREATE YOUR
STORY.

OUR MEDIA **THE CRIMSON WHITE** thecrimsonwhite **ALICE** alicethemag **WVUA** wvuafm
MARR'S FIELD JOURNAL mfjual **BLACK WARRIOR REVIEW** blackwarriorrev blackwarriorreview
SOUTHERN HISTORIAN southhistory southernhistorian **THE GRIT** thegritua

Get the best game day experience with these tips

By Irene Richardson | Culture Editor

Football reigns supreme at The University of Alabama, so it's no surprise that game days are more of an event rather than just a few hours of your day. A lot goes into preparing for an Alabama football game in terms of what to wear, stadium rules and how UA students spend their football Saturdays. These are some things to consider before walking into Bryant-Denny stadium.

WHAT TO WEAR:

Contrary to other schools, students at UA typically get dressed up for sporting events, especially football. Clothes always include the theme of crimson, white, houndstooth or all three. Guys tend to wear button downs or collared shirts paired with khaki shorts and loafers or tennis shoes. Girls often sport dresses and skirts representing Alabama's colors and may wear cowgirl boots or comfortable shoes with a bit of height. However, getting dressed up certainly isn't a requirement and a lot of students opt to wear Alabama t-shirts or anything displaying the colors crimson and white. Buttons of all kinds pinned to shirts, purses and backpacks are other common items you'll see students wearing. With Alabama heat and lots of walking the most important thing to wear is something comfortable.

WHAT TO BRING:

Your ACT Card is the one item you cannot forget on game day. This holds your ticket and gives you access into the stadium. Along with their card, students often carry shakers, a small purse and a bottled water around before entering the stadium.

STADIUM RULES:

When you are finally ready to enter Bryant-Denny, there are a few rules to remember so you can enjoy your experience without any trouble. One of these is the clear bag rule, which states bags brought into the stadium must be clear, vinyl or PVC. Small "clutch" purses and wallets are also permitted as long as the item does not exceed the size of 4 1/2" by 6 1/2". Items such as fanny packs, backpacks and large cases or bags are not allowed. Other permitted items include umbrellas, outside food and drink, and noise makers such as horns or cow bells. One more item to note is the addition of metal detectors, which patrons are required to walk through starting in the 2018 football season.

HOW TO SPEND YOUR DAY:

Whether you have tickets to the game or not, plenty of activities surround campus and offer different ways to spend your day. About an

hour prior to kickoff, the Million Dollar Band performs on the steps of Gorgas Library and makes its way to Bryant-Denny in a tradition named The Elephant Stomp. Another tradition worthy of checking out is the Walk of Champions. A few hours before the game, the Alabama football team is dropped off from its buses and continues along the walk in front of the stadium leading to Bryant Denny. If you prefer to watch the game in a cool area, the Ferguson Center displays games in its theater located on the second floor. Swiping your ACT Card provides entrance into the theater. Restaurants such as Buffalo Phil's and The Grill are also popular spots on The Strip where you can enjoy the general atmosphere of game day while eating wings and cheese fries.

GETTING THE MOST OUT OF YOUR GAME DAY EXPERIENCE:

In order to make the most out of your game day, here are a few general points to note. Student gates open up 2 1/2 hours prior to kickoff. Seating in the student section fills up quickly, so the earlier you arrive the better chance you have at getting a good spot. Also, check your tickets to see if you are seated in the upper or lower bowl. As the lines are typically long it's important to know this ahead



Photo courtesy of Alex Freeman

of time so you wait in the correct spot. If you own a car on campus, it's imperative to check your crimson email ahead of a home game to find out parking information. Most of the time, you will be required to move your vehicle to a different location as to not be towed on Saturday. Along with these points, remember that with the number of people on campus cell service is very poor so always stick together with friends and family. The best places to communicate via cell phone include the Ferguson Center or Starbucks on Paul W. Bryant Drive.

Every football Saturday is filled with tradition and lively energy circulating around campus. Knowing just a few things helps to make game days memorable and fun!

Will this be your kid?

30% of freshmen won't return to campus next fall



Protect your investment

A+ Outcomes

Personalized Mentoring for Student Success

How can you help your student:

- stay on track academically?
- balance academics with a social life?
- better structure his free time?
- avoid potential pitfalls of his new freedom?
- make a successful transition to college?

A+ Outcomes helps guide students through their transition to college.

(256) 302-4567



aplusoutcomes.com



Imagine
 Music & Camping Festival 2018

OCEANIA STAGE
 ALPHABETICAL ORDER BY GROUP

ARMIN VAN BUUREN **BASSNECTAR** **KASKADE**
ALESSO **GALANTIS** **RL GRIME** **ZEDS DEAD**

SPECIAL GUESTS ALPHABETICAL ORDER BY LINE

ADVENTURE CLUB **BEAT** **THE GLITCH MOB**
12TH PLANET **BEAR GRILLZ** **LEAH CULVER** **LIQUID STRANGER** **RIOT TEN** **ZAXX**
COOLIE & GOLD **KEVIN FLUM** **MIDNITE PANDA** **IRRI** **SLIDE**

AMAZONIA STAGE
 ALPHABETICAL ORDER BY GROUP

GRIZ **Z** **GREEN VELVET** **OLIVER HELDENS**

CASHMERE CAT **JAI WOLF** **SH+NGLE** **SIMON POSFORD DJ SET**
AKALI **FOTO** **LOTUS**
LEVITATION JONES **PROTOTYPE** **SPACE KADET** **WHET? B2B** **WAVE**

DISCO INFERNO STAGE
 ALPHABETICAL ORDER BY LINE

GREEN VELVET **OLIVER HELDENS**
LATMUN TICA **WILSON & REAGAN** **CHOCOLATE PUMA** **EDX** **WAX MOTIF**

BARIET B2B **SKYRIN** **JOKER** **KONN** **Slump**
 SPECIAL GUEST **NOISIA**

AERIA STAGE
 ALPHABETICAL ORDER BY LINE

PAUL OAKENFOLD **gabriel & dresden**
DJ DARA (PEACE OUT TOUR) **KENNETH THOMAS** **IVY LAB** **DJ SS** **WEISS**

IN ALPHABETICAL ORDER

ANDY BRUH **ARI EL** **ATRS** **WILSON TOLSON** **BADBY BOUGH** **EXIS** **HALLGREN** **JULY BEATS** **LASER** **MENUS** **NOA** **AON** **PLAYO**
ALEX LUCAS · **BABEY DREW** · **CHRIS ROBERT** · **DEEP TECHNICIANS** · **AJ KEMIT** · **HEYZ** · **LOST SEEKERS** · **SALAH ANANSE** · **VIVID** · **WHITE RHINO** · **ZEN SELEKTA**
A MERRY PRANKSTER · **AKUARIUM** · **ALTI2D** · **ARCHMAGE** · **BAD HUMAN** · **BAELS** · **BANDIKOOK** · **BLACK CARL** · **BRIAN BLATTNER** · **BROBOTS** · **CAZANVA** · **CLERKS** · **COREY VON WATERS** · **DANIELS JACK** · **DEFF JEKLYN** · **DEVIOUS** · **DISSISOMA** · **DOMMI** · **DON CHIDO** · **FLOZE** · **FREAKY** · **HIGHLAKE** · **IAN LIVE** · **INFEXZION** · **INNOCENT VICTIMS** · **JIVEA B2B** · **ODYSEE** · **JOHNNY GOODTIME** · **JSTELLA** · **KINETIC** · **KOZMIC** · **KRY** · **LEET** · **MACK BANGO** · **METAPATTERN** · **MC HUBZ** · **MC WORD** · **MOVIN KEYS** · **NATSU** · **NHEKIS** · **ODIGOS** · **OPTIMAL GRIME** · **ORPHIN** · **PANKAKE** · **RAMSEY K** · **RELIQUARY** · **RIVEN** · **ROBBIE DUDE** · **SARAH SATIVA** · **SCALES** · **SIP OJ** · **SKYLINK** · **STRANGER CANDY** · **SUNOVA** · **SYLO** · **TERIYAKI NOIZE** · **THE BLACK AMIGO** · **THOMAS B** · **TRENCH** · **TYPE 41** · **VANDAL ROSE** · **VITILLAZ** · **YUKI** · **ZOE GRAY** · **ZUBAH**
 MUSIC BLOCKS BY:
TECH THIS OUT CRU · **BASS FAMILY BLOCK** · **TORCH X ELEVATE** · **NATIVE GROOVE BLOCK** · **AFRO ACID TAKEOVER** · **ATLANTA TRANCE FAMILY**

5 YEAR ANNIVERSARY EDITION
 TICKETS: IMAGINEFESTIVAL.COM
 SEPTEMBER
212223
 ATLANTA MOTOR SPEEDWAY GEORGIA

Let the TIDE ROLL

Grab your shakers and buttons. It's football season! Learn some history and see who the Crimson Tide plays this fall

By Ben Stansell | Editor-in-Chief

All logos courtesy of Wikimedia Commons



Alabama Crimson Tide vs. Louisville Cardinals

WHEN: Sept. 1
WHERE: Orlando, Florida
LAST MEETING: Louisville defeated Alabama 34-7 in the 1991 Fiesta Bowl.
MATCHUP HISTORY: Alabama leads Louisville 2-1



Alabama Crimson Tide vs. Arkansas State Red Wolves

WHEN: Sept. 8
WHERE: Tuscaloosa, Alabama
LAST MEETING: Alabama defeated Arkansas State 35-0 in 2008 in Bryant-Denny Stadium.
MATCHUP HISTORY: Alabama leads Arkansas State 2-0



Alabama Crimson Tide vs. Ole Miss Rebels

WHEN: Sept. 15
WHERE: Oxford, Mississippi
LAST MEETING: Alabama defeated Ole Miss 66-3 last season in Bryant-Denny Stadium.
MATCHUP HISTORY: Alabama leads Ole Miss 49-11 (2 Ties)



Alabama Crimson Tide vs. Texas A&M Aggies

WHEN: Sept. 22
WHERE: Tuscaloosa, Alabama
LAST MEETING: Alabama defeated Texas A&M 27-19 last season at Kyle Field.
MATCHUP HISTORY: Alabama leads Texas A&M 8-2



Alabama Crimson Tide vs. Louisiana-Lafayette Ragin' Cajuns

WHEN: Sept. 29
WHERE: Tuscaloosa, Alabama
LAST MEETING: Alabama defeated UL Lafayette 25-6 in 1990 at Cajun Field.
MATCHUP HISTORY: Alabama leads Louisiana-Lafayette 8-0



Alabama Crimson Tide vs. Arkansas Razorbacks

WHEN: Oct. 6
WHERE: Fayetteville, Arkansas
LAST MEETING: Alabama defeated Arkansas 41-9 last season in Bryant-Denny Stadium.
MATCHUP HISTORY: Alabama leads Arkansas 18-8



Alabama Crimson Tide vs. Missouri Tigers

WHEN: Oct. 13
WHERE: Tuscaloosa, Alabama
LAST MEETING: Alabama defeated Missouri 42-13 in the 2014 SEC Championship in Atlanta.
MATCHUP HISTORY: Alabama leads Missouri 3-2



Alabama Crimson Tide vs. Tennessee Volunteers

WHEN: Oct. 20
WHERE: Knoxville, Tennessee
LAST MEETING: Alabama defeated Tennessee 45-7 last season in Bryant-Denny Stadium.
MATCHUP HISTORY: Alabama leads Tennessee 55-37 (8 ties). This record is disputed.



Alabama Crimson Tide vs. LSU Tigers

WHEN: Nov. 3
WHERE: Baton Rouge, Louisiana
LAST MEETING: Alabama defeated LSU 24-10 last season in Bryant-Denny Stadium.
MATCHUP HISTORY: Alabama leads LSU 52-25 (5 ties)



Alabama Crimson Tide vs. Mississippi State Bulldogs

WHEN: Nov. 10
WHERE: Tuscaloosa, Alabama
LAST MEETING: Alabama defeated Mississippi State 31-24 last season in Davis Wade Stadium.
MATCHUP HISTORY: Alabama leads Mississippi State 80-18 (3 ties)



Alabama Crimson Tide vs. The Citadel Bulldogs

WHEN: Nov. 17
WHERE: Tuscaloosa, Alabama
MATCHUP HISTORY: This is the first matchup between Alabama and The Citadel. The last time The Citadel played an SEC opponent, it upset South Carolina 23-22 in 2015.



Alabama Crimson Tide vs. Auburn Tigers

WHEN: Nov. 24
WHERE: Tuscaloosa, Alabama
LAST MEETING: Auburn defeated Alabama 26-14 last season in Jordan-Hare Stadium.
MATCHUP HISTORY: Alabama leads Auburn 45-36 (1 tie)

Standout players to watch in UA's 2018-19 seasons

By Ben Stansell | Editor-in-Chief

Women's Volleyball Hayley McSparin

Hayley McSparin followed up her freshman All-SEC campaign in impressive fashion last year, recording 273 kills, third most on the team. In the season opener against Cleveland State, McSparin notched a career-high 22 kills. Not only did McSparin rack up kills in bunches, but she did so effectively, boasting a .301 hitting percentage. Expect McSparin to be a crucial piece of Alabama's attack this season.



Baseball Sam Finnerty

With coach Brad Bohannon looking for improvement in his second campaign, he will be relying on another strong season from right-handed pitcher Sam Finnerty. Finnerty committed to pitching full-time last season. Sporting a 4.45 ERA, Finnerty was the Crimson Tide's Friday night starter and tied for the team lead with four wins as a junior. He pitched a team-high 87 innings and allowed 14 walks.

Rowing Makena Clark

Senior Makena Clark began her Alabama rowing career as a walk-on. Last season, the Los Gatos, California native competed in the Crimson Tide's top boat (First Varsity 8+). Clark helped Alabama to a third place finish in the Women's Collegiate 8+ and second in the Women's Collegiate 4+ of the Chattanooga Head Race. Clark will again be called on to lead Alabama's top boat this season.

Men's Basketball Tevin Mack

Replacing the production of No. 8 overall draft pick Collin Sexton will prove difficult. Never mind the loss of transfer Braxton Key. Enter Tevin Mack, a 6-foot-6 wing who sat out last season after transferring from Texas, where he led the Longhorns in scoring in 2016-17 with 14.8 points per game. Mack's offense will be a needed addition to a team with NCAA tournament expectations.



Men's Golf Davis Riley

Not only was Davis Riley Alabama's top golfer last fall, he was the top-ranked collegiate golfer in the country. Although Riley cooled off in the spring, he still finished the season ranked No. 22 after leading the Crimson Tide in top-five finishes (four) and rounds of par or lower (23). With fellow All-American Lee Hodges having graduated, Riley will have to shoulder an even bigger role this season.

Women's Basketball Cierra Johnson

Cierra Johnson, who transferred to Alabama after an impressive two-year run at Shelton State Community College, will have an immediate impact for the Crimson Tide. Johnson was named the 2017-18 NJCAA Division One Women's Basketball Player of the Year after averaging 22 points, 4.8 rebounds and 4.1 assists per game. Starting at point guard for the Lady Bucs, Johnson scored a record 153 points in the national tournament last year.

Gymnastics Lexi Graber

It didn't take long for Lexi Graber to earn a spot in the Crimson Tide's rotation during her first year on campus. In addition to recording an impressive regular season, Graber cemented her place on the SEC All-Freshman team by winning the all-around competition at the NCAA Tuscaloosa Regional with a career-best 39.575. With Alabama losing several key seniors, Graber's already sizeable role should only grow this season.



Women's Golf Lauren Stephenson

A First-Team All-SEC honoree, Lauren Stephenson led her team to within one hole of a national championship in 2018. Stephenson, who was one of 12 women's collegiate golfers named to the 2018 U.S. Palmer Cup team, was awarded the Golfstat Cup as the nation's leading scorer with a school-record 69.76 average. On top of Stephenson's other accolades, the senior was named Golfweek Magazine's 2017-18 Player of the Year.

Men's Swimming & Diving Zane Waddell

Zane Waddell earned a place on Alabama's NCAA championships squad after becoming an SEC Champion for the Crimson Tide's 200 freestyle relay team. Waddell finished third in the SEC with a career-best 45.83 100 backstroke time, which ranks him third all-time at Alabama. Waddell found the podium again at SECs as part of the Crimson Tide's 400 medley relay (3rd) and 400 freestyle relay (3rd).

Soccer Abbie Boswell

An All-SEC Second Team selection last year, senior Abbie Boswell was responsible for a huge chunk of Alabama's offense, leading the team in goals (eight), shots (51) and shots on goal (23). Boswell's eight goals were good for eighth in the SEC. This season, Boswell will be charged with spearheading an offensive attack composed of promising young players.

Softball Kaylee Tow

In her first year on campus, Kaylee Tow was both one of Alabama's most consistent and most effective players. The Madisonville, Kentucky native started and played in 55 games at outfield for the Crimson Tide, knocking in 31 RBIs and hitting 11 home runs, good for third and second on the team, respectively. Tow's impressive season earned her a spot on first team All-SEC.



Women's Swimming & Diving Leonie Kullmann

Leonie Kullmann, the Dresden, Germany native set an Alabama record in the 200 and 500 freestyles en route to winning the B final of the SEC Championships last season. Her terrific performance earned her a spot on Alabama's NCAA Championship squad, which finished 30th in the country. Expect Kullmann to continue breaking school records, some of which may be her own, as her Alabama career unfolds.

Men's Tennis Mazen Osama

After a stellar junior season in which he became the first Alabama player to advance to the Round of 16 and quarterfinals in the NCAA Singles Tournament, Osama also became the team's first First-Team All-American since 2001. Osama finished the year at No. 8 in the Oracle/ITA Rankings with an 18-8 overall record. All eyes will be on the Cairo, Egypt native this season to see if he can top last year's unprecedented success.

Men's Track & Field, Cross Country: Gilbert Kigen

Gilbert Kigen transferred to Alabama from Central Arizona College where he was the most decorated junior college runner in NJCAA history. Kigen's success in the junior college ranks immediately translated to Division I when he joined the Crimson Tide in 2017. Last year, Kigen received First- and Second-Team All-American honors in the 10,000 and 5,000 meters, respectively. Kigen was given All-American honors in cross country after finishing fourth at the 2017 NCAA Championships.

Women's Tennis Andie Daniell

During her Alabama career, senior Andie Daniell has done it all. Since joining the Crimson Tide as the nation's third-ranked recruit, Daniell has amassed a singles record of 62-31 and a doubles record of 53-45. Daniell received first team All-SEC honors while being named to the 2018 SEC Community Service Team. Praised by coach Jenny Mainz as one of the hardest workers she has ever coached, Daniell could have an even better season this year.

Women's Track & Field Stacey Destin

High jumper Stacey Destin racked up accolades for her impressive 2017-18 season. The junior from Boynton Beach, Florida, finished sixth in the high jump at the Indoor NCAA Championships, earning First-Team All-American honors for the second year in a row. Destin is Alabama's school record-holder in the indoor high jump with a clearance of 6-2 ¾ and the pentathlon with 4,186 points.

NEW KIDS ON THE BLOCK

Take a look at who will be joining the Crimson Tide this season

By Ben Stansell | Editor-in-Chief

TEVITA MUSIKA

Before transferring to Alabama as a part of the 2018 class, Tevita Musika wreaked havoc on opposing teams at the College of San Mateo in California. The 6-foot-2, 360-pound defensive tackle racked up 42 tackles, 6 sacks and 2 forced fumbles, earning him a first-team California Community College Athletic Association All-American nomination last year. The Crimson Tide will need Musika to provide immediate depth this season after losing Da'Ron Payne, Joshua Frazier and Da'Shawn Hand to the NFL.

JAYLEN WADDLE

Despite losing standout Calvin Ridley to the NFL, Alabama's wide receiver corps is loaded with young talent. The sophomore trio of Jerry Jeudy, Henry Ruggs III and DeVonta Smith - nicknamed the Rugrats - should all contribute this season after logging impressive first years. However, Alabama's wealth of talent at receiver might not be enough to stop freshman Jaylen Waddle from working his way onto the field. At 5-foot-9 and 175 pounds, Waddle possesses elite speed and shifty playmaking ability. The former four-star receiver from the Houston area has potential to be a weapon out of the slot, but could also find the field as a punt returner.

SKYLER DELONG

Following three-time All-SEC punter J.K. Scott is a tall order, but freshman Skyler DeLong looks up to the task. The former Army All-American and No. 2 punter in the class of 2018 had a promising debut in the A-Day game, punting 10 times for an average of 39.4 yards. DeLong also showed the ability to replicate a skill that helped make Scott a two-time Ray Guy award finalist: precision. DeLong pinned the ball inside the 20 six times.

PATRICK SURTAIN JR.

Alabama will field an almost entirely new secondary in 2018 after losing its top six defensive backs to graduation and the NFL. Fortunately for the Crimson Tide, coach Nick Saban is known for crafting elite defensive backs, and he has a lot to work with in freshman Patrick Surtain Jr. The No. 1 cornerback recruit in 247Sports' 2018 rankings, Surtain Jr. is poised to compete for one of Alabama's starting cornerback roles this fall. With Saban looking to soften the blow of losing 2017 Thorpe Award winner Minkah Fitzpatrick, Surtain Jr., standing at 6-foot-2 and weighing 183 pounds, could prove to be his best option.



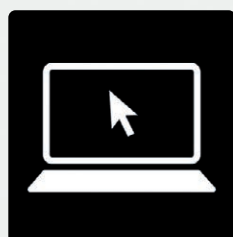
Skyler DeLong. Photo by Hannah Saad

SCUTTLE SHUTTLE

CLICK . RIDE . FLY .



\$65 ONE WAY \$125 ROUND TRIP



SCUTTLESHUTTLE.COM | BOOK & PAY ONLINE

*Scuttle Shuttle provides airport shuttle service to Birmingham-Shuttlesworth International Airport and Hartsfield-Jackson Atlanta International Airport.

FOOTBALL BY THE NUMBERS

By James Ogletree | Sports Editor

We get it. You're new here. You know our football team is good. But, we want to make sure you know exactly how good we are. Check out the Crimson Tide by the numbers:

- 0** Projected 2018 starters who were 3-star recruits or lower (The starting lineups include 15 four-star recruits and eight five-star recruits.)
- 1** Total career interceptions by all current Alabama defensive backs (Deionte Thompson)
- 2** New coordinators for Alabama in 2018 (OC Mike Locksley and DC Tosh Lupoi were promoted from their co-coordinator positions after their predecessors took coaching opportunities elsewhere.)
- 3** Touchdowns last season for running back Josh Jacobs, the only player to record both a rushing and receiving touchdown
- 4** Combined starts entering the year for starting inside linebackers Mack Wilson and Dylan Moses
- 5** Alabama national championships in the last nine years, the first time in college football history a team has achieved that feat
- 6** National championships won by head coach Nick Saban, who is tied with Paul "Bear" Bryant for the most in college football history
- 7** Consecutive years with the No. 1-ranked recruiting class for Alabama since 2017 (This year's incoming freshman class was ranked sixth)
- 8** Alabama players selected in the first round of the last two NFL drafts (three defenders and a pass catcher each year)
- 9** Projected returning starters on offense and defense (J. Williams, Pierschbacher, Cotton, D. Harris, Hentges, R. Davis, Buggs, Jennings, Miller)
- 11** Consecutive wins over Tennessee, tying the longest win streak in series history (Alabama beat Tennessee 11 consecutive times from 1971 to 1981.)
- 19** Consecutive home wins, dating back to Sept. 2015
- 61** Career touchdowns for Alabama quarterback Jalen Hurts, the second-most in Alabama history, trailing only A.J. McCarron (80)
- 77** Career passes thrown by quarterback Tua Tagovailoa, who is currently battling Jalen Hurts for the starting job
- 90** Total starts entering this season for Alabama's projected starting offensive line (J. Williams, Cotton, Pierschbacher, Wills, Leatherwood), which is the team's most experienced O-line since 2012
- 93** Alabama's win percentage under Saban with a first-year starting quarterback. That includes 66 wins and five losses, which were by three, six, seven, six and four points.
- 1,000** Rushing yards accrued last season by running back Damien Harris. If Harris rushes for 1,000 yards again this season, he will be the first Alabama running back to post three 1,000-yard seasons.



STUDENT LIVING ON THE

NEXT LEVEL!








RETHINK STUDENT LIVING

It's never too early to start looking for a place to live for Fall 2019. Don't settle for plain old student housing, you want a top rated student living apartment, you want East Edge! We don't do status quo. . . and neither should you.

Find your perfect apartment at: EastEdgeApartments.com

1131 Jackson Ave. / Tuscaloosa, AL 35401 



MERLE
NORMAN
cosmetics

WE SHIP! CALL US!

2601 MCFARLAND BLVD. EAST
ACROSS MCFARLAND BLVD. FROM
RED LOBSTER
(205) 345-1101



Raekwon Davis. Photo by Sam MacDonald



FOOTBALL

RECORD LAST YEAR

13-1 (7-1 in SEC)

HEAD COACH

Nick Saban

POSSIBLE STANDOUTS

 Damien Harris
 Raekwon Davis

OUTLOOK FOR 2018-19

Coming off a miraculous national championship victory over Georgia, mystery surrounds the quarterback position, as neither Jalen Hurts nor championship-game hero Tua Tagovailoa have been offered the starting job yet. Regardless of which signal-caller gets the nod, the Crimson Tide's offense will be loaded with explosive playmakers and anchored by an experienced offensive line.

Brynn Martin. Photo by Hannah Saad



SOCCER

RECORD LAST YEAR

12-8-1 (4-5-1 in SEC)

HEAD COACH

Wes Hart

POSSIBLE STANDOUTS

 Abbie Boswell
 Emma Welch

OUTLOOK FOR 2018-19

While Alabama lost six seniors to graduation, the young talent coach Wes Hart recruited should help the Crimson Tide build on a historically successful campaign. Along with a talented 2018 signing class, Hart nabbed two transfers in Emma Thomson and Katie Lockwood, the NJCAA player of the year, who will help Alabama vie for a second straight NCAA Tournament bid.

Photo by Jake Stevens



SWIMMING AND DIVING

RECORD LAST YEAR

 13th National Championships (M)
 30th at National Championships (W)

HEAD COACH

Dennis Pursley

POSSIBLE STANDOUTS

 Robert Howard (M)
 Leonie Kullmann (W)

OUTLOOK FOR 2018-19

Men: The trio of Laurent Bams, Zane Waddell and Robert Howard all return this season after collecting a total of 15 All-America honors at last year's national championships, putting the Crimson Tide in position to record a sixth straight top-15 finish. Women: Losing several key seniors will sting, but the Crimson Tide has enough talent on its roster to compete at the highest level of college swimming once again this season.

Andie Daniell. Photo courtesy of Alabama Athletics



TENNIS

RECORD LAST YEAR

 20-13 (2-10 IN SEC) (M)
 15-15 (2-11 IN SEC) (W)

HEAD COACH

 George Husack (M)
 Jenny Mainz (W)

POSSIBLE STANDOUTS

 Mazen Osama (M)
 Andie Daniell (W)

OUTLOOK FOR 2018-19

Men: Alabama Men's Tennis made history as the fourth Alabama team to advance to the NCAA Tournament Round of 16. With a loaded roster featuring All-American Mazen Osama, Alabama is positioned to improve on last year's unprecedented success. Women: Decorated senior Andie Daniell will lead a unit returning five of its top six players from last season. Bringing back talent and experience, the Crimson Tide will look to surpass the .500 mark this season.

Jordan Lewis. Photo courtesy of Alabama Athletics



WOMEN'S BASKETBALL

RECORD LAST YEAR

24-14 (7-9 SEC)

HEAD COACH

Kristy Curry

POSSIBLE STANDOUTS

Jordan Lewis
Shaquera Wade
Jasmine Walker

OUTLOOK FOR 2018-19

The last two seasons for women's basketball featured the team's best back-to-back postseason showings and only back-to-back 20-win seasons since 1999. The team will have to deal with the loss of six seniors, including three starters, but Curry has called this freshman class "by far the deepest and most talented we have signed" in her six seasons at Alabama.

Lauren Stephenson. Photo courtesy of Alabama Athletics



GOLF

RECORD LAST YEAR

(M) Second in SEC and NCAA Championships
(W) Tied for third in SEC Championship and second in NCAA championship

HEAD COACH

Jay Seawell (M), Mic Potter (W)

POSSIBLE STANDOUTS

Davis Riley (M)
Lauren Stephenson (W)

OUTLOOK FOR 2018-19

Men: Two seniors, Lee Hodges and Jonathan Hardee, have moved on to the next chapter of their careers, but solid depth behind Davis Riley, the country's No. 1 player for part of the fall, as well as two incoming freshmen should keep the team in the national championship hunt. Women: The team lost junior Cheyenne Knight, who turned professional following the national championship, but Lauren Stephenson was ranked top-10 nationwide throughout the season.

Lizzy Danis. Photo courtesy of Alabama Athletics



CROSS COUNTRY

RECORD LAST YEAR

(M) Second in SEC, 14th at NCAA Championships
(W) Seventh in SEC

HEAD COACH

Dan Waters

POSSIBLE STANDOUTS

Gilbert Kigen (M)
Lizzy Danis (W)

OUTLOOK FOR 2018

Men: Gilbert Kigen and Vincent Kiprop, who finished fourth and seventh at the NCAA Championships return for their senior years. Women: A trio of talented juniors – McKenzie Yanek, Lizzy Danis and Rebecca Buteau – were the women's team's top three runners in last year's postseason. Sophomore Shannon Marsh and senior Nicole Gardner were not far behind, with Gardner leading the team at the Southern Regional.

Gilbert Kigen. Photo courtesy of Alabama Athletics

Hayley McSparin. Photo by Hannah Saad



VOLLEYBALL

RECORD LAST YEAR

18-14 (6-12 SEC)

HEAD COACH

Ed Allen

POSSIBLE STANDOUTS

Hayley McSparin
Ginger Perinar
Quincey Gary

OUTLOOK FOR 2018

The team's biggest challenge in 2018 may be replacing the production of Leah Lawrence and Natalie Murison, who are tied for third in team history with 129 matches played. Hayley McSparin started 58 of Alabama's last 63 matches and does a little bit of everything for the Crimson Tide. She finished second on the team in attack percentage (min. 100 attempts) and blocks and ranked third in points per set, but filling in for the departed veterans will be a team effort.



Alabama Rowing. Photo by Emma Junck

ROWING

RECORD LAST YEAR
5th at the Big 12 Championships

HEAD COACH
Glenn Putyrae

POSSIBLE STANDOUTS
Makena Clark
Raïen Emery

OUTLOOK FOR 2018-19
Coming to Tuscaloosa after spending 19 ultra-successful years coaching at Gonzaga and Georgetown, first-year head coach Glenn Putyrae will look to guide Alabama's rowing program to the next level. Putyrae, a nine-time WCC coach of the year, is inheriting a team that earned three bronze medals and finished fifth at the Big 12 Championships last season.



Herb Jones. Photo by Sam MacDonald

MEN'S BASKETBALL

RECORD LAST YEAR
20-16 (8-10 in SEC)

HEAD COACH
Avery Johnson

POSSIBLE STANDOUTS
John Petty
Herb Jones

OUTLOOK FOR 2018-19
Last season, Alabama advanced to the second round of the NCAA tournament for the first time since 2006. Although the Crimson Tide will miss Sexton this year, Alabama returns most of its young core. With the addition of Texas transfer Tevin Mack and a healthy Riley Norris back, the Crimson Tide have lofty postseason expectations yet again.

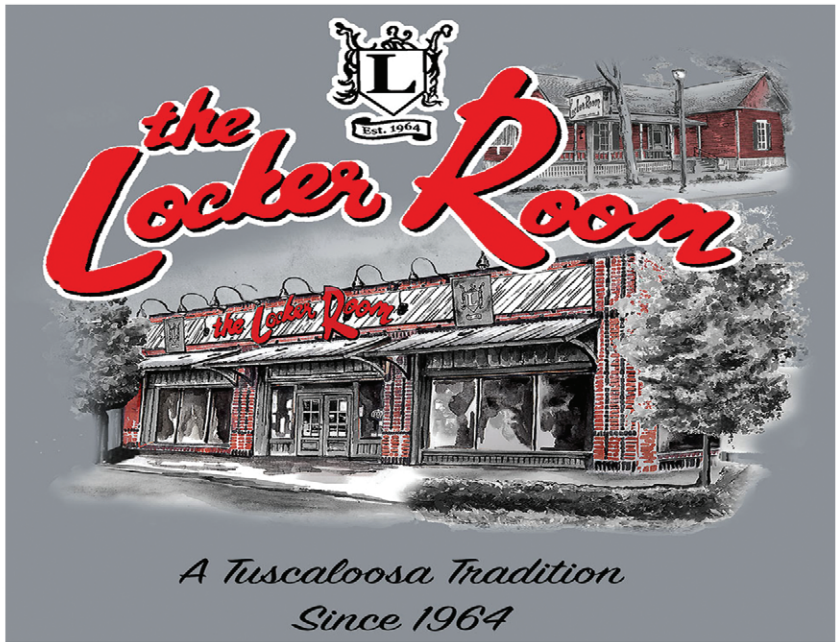
Restore, protect, recolor and coat your residential and commercial items.
Powder Coating & Cerakoting



BLACK WARRIOR
PROTECTIVE COATINGS

**2002 44th Street East
Tuscaloosa, Alabama 35405
(205) 657-7260**

Email Elliott@BlackWarriorProtectiveCoatings.com
For your residential and business needs.



**2104 University Blvd.
(Next to Taco Mama)
205-752-2290
locker-room.biz**



smathers & branson



COLE HAAN

johnnie-O

PETER MILLAR



introducing **BloGo** BLOW DRY BAR & SALON

TUSCALOOSA'S PREMIER
BLOWOUT BAR & SALON

Where modern luxury seamlessly
combines to create an inviting
atmosphere and unforgettable experience.

2370 Jack Warner Parkway, Suite A 106
Tuscaloosa, AL 35401

Located in Riverfront Village next to Hotel
Indigo on the Tuscaloosa Riverwalk

P: 205-861-BLGO (2546)
www.blogohair.com
hair@blogohair.com

Let's Get Social
 [@blogoblowdrybarsalon](https://www.instagram.com/blogoblowdrybarsalon)
 [@blogoblowdrybarsalon](https://www.facebook.com/blogoblowdrybarsalon)
 [@blogohair](https://twitter.com/blogohair)

THE COMPLETE ESSENTIALS



The Bama[®] Supe Store covers you for the real essentials of college life that you didn't know you needed until you got here. From apparel to course materials and even computers, the Supe Store has it all. Shop on campus at either of our convenient locations at The Ferg or Corner Supe Store on Bryant Drive. Or visit us online at supestore.ua.edu and take advantage of our \$4.95 flat rate shipping.

A THE UNIVERSITY OF ALABAMA
SUPE STORE
— AUTHENTIC SINCE 1905 —
supestore.ua.edu